

# MANIT Bhopal

## Faculty Development Programme on Strengthening Student Mentoring & Mental Well-being During 22 to 26 June 2026

Sr. No.	Day & Session	Timing	Topic	Remark
			<b>Day-0</b>	
		06:30 to 08:00 PM	Inro of UHV & Resource team, Rules & Procedures.	
<b>Day – 1</b>				
1	D1-S0	09:00 to 09:30	Inaugural Session	
	D1-S1	09:30 to 11:00	Holistic Development and Role of Education	
2	D1-S2	11:30 to 01:00	Self Exploration, Natural Acceptance, Happiness & Prosperity	
3	D1-S3	02:00 to 03:30	<i>Movie- Story of Stuff &amp; discussion, Introduction, Expectation Sharing</i>	
4	D1-S4	03:50 to 05:20	Program to ensure Happiness and Prosperity. Introduction to Harmony in Human Being – Self and Body	
5	D1-S5	05:40 to 07:00	<b>Student Mentoring &amp; Counselling</b>	
<b>Day – 2</b>				
6	D2-S1	09:00 to 11:00	Recap with Q&A, Discussion on Self and Body	
7	D2-S2	11:30 to 01:00	Understanding the Harmony in Human Being – Self;	
8	D2-S3	02:00 to 03:30	<i>Practice Session – (Self and Body) List of Desire, Source of Desire</i>	
9	D2-S4	03:50 to 05:20	Understanding the Harmony of the Self with the Body – Prosperity and Health	
10	D2-S5	05:40 to 07:00	<b>Mental Health &amp; Well-Being</b>	
<b>Day – 3</b>				
11	D3-S1	09:00 to 11:00	Recap with Q&A, Introduction to Harmony in Family	
12	D3-S2	11:30 to 01:00	Understanding Relationship-Trust	
13	D3-S3	02:00 to 03:30	<i>Movie-Right Here Right Now &amp; Discussion and Workbook</i>	
14	D3-S4	03:50 to 05:20	Understanding Relationship - Respect	
15	D3-S5	05:40 to 07:00	<b>Campus Culture &amp; Positive Environment Building</b>	
<b>Day – 4</b>				
16	D4-S1	09:00 to 11:00	Recap with Q&A and Understanding the Harmony in Family- Trust, Respect	
17	D4-S2	11:30 to 01:00	Understanding Relationship– Other Feelings	
18	D4-S3	02:00 to 03:30	Understanding Relationship– Other Feelings, Justice; Introduction of Understanding the Harmony in Society	
19	D4-S4	03:50 to 05:20	Understanding the Harmony in Society- Education-Sanskar	
20	D4-S5	05:40 to 07:00	<b>Research Supervision &amp; Scholar Management</b>	
<b>Day – 5</b>				
21	D5-S1	09:00 to 11:00	Recap with Q&A, Understanding the Harmony in Society- Education-Sanskar	
22	D5-S2	11:30 to 01:00	Harmony in Society- Other four Dimensions, Introduction to Harmony in Nature	
23	D5-S3	02:00 to 03:30	Understanding the Harmony in Nature/Existence	
24	D5-S4	03:50 to 05:20	<b>Building Inclusive Campus Environments</b>	
25	D5-S5	05:40 to 07:00	<i>Valedictory &amp; certificate Distribution</i>	
End of Program				

Three days program on outcome-based education (OBE) is planned during 16-18 June 2026.